



# Epidemiological Survey on Schistosomiasis and Intestinal Helminthiasis among Village Residents of the Rural River Basin Area in White Nile State, Sudan

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**Abstract:** There have been some reports on schistosomiasis of school children in Sudan's Nile River basin area; however, information about the infection status of *Schistosoma* species and intestinal helminths among village residents of this area is very limited. Urine and stool samples were collected from the 1,138 residents of the Al Hidaib and Khou Ajjwal villages of White Nile State, Sudan in 2014. The prevalence of overall schistosomiasis and intestinal helminthiasis was 36.3% and 7.7%, respectively. Egg positive rates were 35.6% for *Schistosoma haematobium*, 2.6% for *S. mansoni*, and 1.4% were mixed. The prevalence of schistosomiasis was significantly higher in men (45.6%) than in women (32.0%), in Khou Ajjwal villagers (39.4%) than in Al Hidaib villagers (19.2%), and for age groups  $\leq 15$  years old (51.5%) than for age groups  $> 15$  years old (13.2%). The average number of eggs per 10 ml urine (EP10) of *S. haematobium* infections was 18.9, with 22.2 eggs in men vs 17.0 in women and 20.4 in Khou Ajjwal villagers vs 8.1 in Al Hidaib villagers. In addition to *S. mansoni* eggs, 4 different species of intestinal helminths were found in the stool, including *Hymenolepis nana* (6.6%) and *H. diminuta* (1.0%). Collectively, urinary schistosomiasis is still prevalent among village residents in Sudan's White Nile River basin and was especially high in men, children  $\leq 15$  years, and in the village without a clean water system. *H. nana* was the most frequently detected intestinal helminths in the 2 villages.

**Key words:** *Schistosoma haematobium*, *Schistosoma mansoni*, prevalence, intensity of infection, intestinal helminth, Sudan

## INTRODUCTION

Parasitic infections constitute a major health problem worldwide, especially for countries in tropical or subtropical regions. These infections are caused by helminths and protozoa while a variety of conditions contribute to the prevalence of parasitic diseases, such as unsanitary living conditions, inadequate disease control, lack of health education, regional and ethnic customs conducive to parasitic infections, climatic conditions, and compromised immune systems among others [1,2]. Schistosomiasis is a water-borne trematode infection. Humans are usually infected by contact with contaminated fresh water, such as during water collection, washing, bathing,

playing, fishing, or cultivating crops, and suffer from hematuria and anemia, enlargement of the liver and spleen, and growth retardation [3]. More than 206.4 million people required preventive chemotherapy for schistosomiasis in 2016, and approximately 200,000 deaths occur due to schistosomiasis globally each year [4]. Sudan is one of the most highly prevalent countries for schistosomiasis worldwide. There have been several epidemiological surveys of schistosomiasis from Sudanese school aged children in the River Nile State [5,6], southern Sudan [7], Central Sudan [8], South Kordofan State [9], and White Nile State [10-12]. However, epidemiological surveys of schistosomiasis in village residents are rare.

Intestinal helminthiasis is the most common infections in developing countries including sub-Saharan Africa and East Asia. Intestinal helminthiasis is mainly caused by consumption of contaminated water, infected soil, and inadequate sanitation and hygiene [1]. Moreover, a lack of access to facilities for safe disposal of human waste can result in intestinal helminthiasis and disease [13]. High prevalence of intestinal hel-

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minthiasis was reported among school children in sub-Saharan African countries [1,13,14]. However, only a few reports were conducted on the prevalence of intestinal helminthiasis in Sudan [6,15,16]; it is also especially difficult to obtain information regarding the infection status of intestinal helminths among village residents in the rural river basin area.

Sudan has wide river basin areas because of the crossings of the Nile Rivers and a large irrigated agriculture sector along the river banks. Due to this geographical environment, schistosomiasis has affected the people of Sudan for centuries. Intestinal helminthiasis may also be prevalent because of the lack of sanitary facilities at rural villages. On account of the lack of reports on schistosomiasis and intestinal helminthiasis in village residents living at the rural river basin area, we conducted this study to investigate the infection status of *Schistosoma* species and intestinal helminths among village residents of the rural river basin area in Sudan's White Nile State according to gender, locality, and age groups.

## MATERIALS AND METHODS

### Study area and population

This epidemiological survey was carried out in the Al Hidaib and Khour Ajwal villages in the White Nile State of Sudan, which were located near the White Nile River (Fig. 1). This survey was conducted by the Korea Association of Health Promotion (KAHP) granted by the Korea International Cooperation Agency (KOICA) from January to February 2014.

A total of 1,138 residents from 2 rural villages were included in this survey (177 individuals from Al Hidaib and 961 individuals from Khour Ajwal; Table 1). Study participants were 362 men (31.8%) and 776 women (68.2%). Age groups were stratified into the following 4 groups, pre-school-aged children (0-6 years), school-aged children (7-15 years), adolescents and

young adults (16-29 years), and older than young adults ( $\geq 30$  years). Furthermore, age groups were divided into 2 groups of  $\leq 15$ -year-olds and  $> 15$ -year-olds. To obtain as many urine and stool samples as possible from both villagers, we divided the 2 villages into 4 sectors (1 sector in Al Hidaib and 3 in Khour Ajwal) considering the distribution of the population and number of health workers in order to increase the efficiency of the work. The researchers who participated in the survey were educated to maintain the consistency of the activities. We also made a list of residents in each sector, and assigned 2 health workers in charge of each sector.

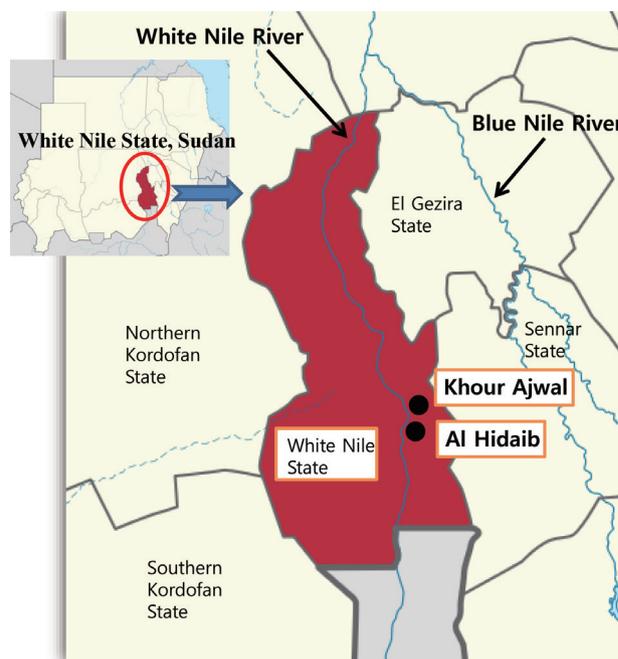


Fig. 1. Location of the Al Hidaib and Khour Ajwal villages of White Nile State, Sudan.

Table 1. Locality, gender, and age group distribution of the surveyed population in the White Nile River basin area in Sudan

Village	Gender	Age in year (%)				Total
		$\geq 6$	7-15	16-29	$\leq 30$	
Al Hidaib	Men	11	34	10	14	69
	Women	8	60	22	18	108
	Subtotal	19	94	32	32	177 (15.6)
Khour Ajwal	Men	106	137	19	31	293
	Women	93	235	131	209	668
	Subtotal	199	372	150	240	961 (84.5)
Total	Men	117	171	29	45	362 (31.8)
	Women	101	295	153	227	776 (68.2)
	Total	218 (19.2)	466 (41.0)	182 (16.0)	272 (23.9)	1,138 (100.0)

### Ethics statement

With the help of the village leaders, the purpose of this survey was explained to the village residents and verbal consent was obtained from the village residents, including children and their parents. This study protocol was reviewed and approved by the Institutional Review Board of the KAHP (IRB approval no. 12-C-01). Informed consent was waived by the IRB as the survey was conducted for implementing the integrated schistosomiasis control project by the ODA Project of the Korean government (KOICA project no. 2011-01-010), however we received verbal consents from all village residents participated in this project. At the end of the study, each infected participants were provided with appropriate medicines free of charge for the treatment of schistosomiasis and intestinal parasitic infections.

### Collection of urine and stool samples

Each village resident was given 2 coded containers for urine and stool specimens the day before sample collection. The following day after delivering the sample containers, health workers visited each house and collected the samples after permission was obtained through oral consent from each resident. Within 6 hr of urine and stool sample collection from the villages, the samples were transferred to the Schistosomiasis Control Center (established by the KOICA project) in Kosti, a city in the White Nile State.

### Parasitological examination

After collection, parasitological examinations were carried out on the same or following day by trained laboratory technicians with more than 5 years of experience in urine and stool analysis. For the detection of *Schistosoma haematobium* eggs, the urine sedimentation method was employed. Briefly, the amount of urine in each tube was adjusted to 10 ml and then centrifuged at 1,500 rpm for 5 min at room temperature. The supernatant fluid was decanted and then sediments were transferred onto 2-4 glass slides to examine the whole tube pellet as much as possible; all slides were imaged via microscopy to detect *S. haematobium* eggs. Infection intensities of *S. haematobium* were classified into 2 categories, light (eggs per 10 ml urine [EP10] < 50) and heavy (EP10 ≥ 50) infections [8].

For the detection of *S. mansoni* and other intestinal helminths, stool samples were subjected to the Kato cellophane thick smear method [17]. Briefly, approximately 100 mg of fecal sample was obtained from each tube and then 2 smears

were prepared on glass slides and allowed to clear for at least 30 min using cellophane that soaked in 0.018% malachite green and 3% phenol prior to examination. The presence of *S. mansoni* eggs or intestinal parasites for each person was the sum of 2 smears.

### Quality control

For quality control, 10% of slides were randomly selected and re-examined at the end of each day by parasitology experts that was blinded to the results of the first examination. In case of disagreement, the results were discussed with the concerned technician and the discordant slides were re-examined until an agreement was reached.

### Statistical analysis

SPSS version 16.0 software (SPSS Inc., San Diego, California, USA) was used to analyze the experimental data. Due to the deviation from normality distribution, infection intensity (EP10) was expressed as geometric mean and median. The differences in continuous variables among groups were tested using a 2-tailed Mann-Whitney U test, Kruskal-Wallis test, and Student's *t*-test. The association between study variables and parasitic infections were tested using logistic regression analysis. Odds ratio (OR) and 95% confidence interval (CI) were also calculated and *P*-values < 0.05 were considered statistically significant.

## RESULTS

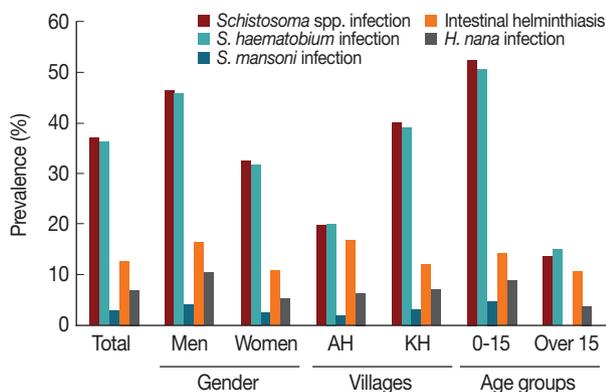
### Sample collection status and overall prevalence of schistosomiasis

As shown in Table 2, a total of 1,131 urine and 1,038 stool samples were collected from 1,138 village residents. Among all sample donors, 1,031 individuals presented both urine and stool samples, while only 107 individuals presented only one sample of either urine or stool.

As a result of parasitological examination, 413 of 1,138 individuals were found infected with *S. haematobium*, *S. mansoni*, or both and thus the overall prevalence of infections with *Schistosoma* species was 36.3%. Prevalence of *S. haematobium* and *S. mansoni* infections were 35.6% and 2.6%, respectively (Fig. 2), while 1.4% were mixed. Table 3 shows the association between risk factors and schistosomiasis in univariate analyses. The prevalence of schistosomiasis was significantly different ( $P < 0.0001$ ; 95% CI = 1.372-2.290) between men and women a 45.6% and 32.0%, respectively. Schistosomiasis prevalence

**Table 2.** Sample numbers lists collected from rural village residents of the White Nile River basin area in Sudan for the examination of schistosomiasis and intestinal parasitic infections

Village	Gender	No. of samples (%)			
		Urine	Stool	Urine and stool	Total
Al Hidaib	Men	67	52	50	69
	Women	103	83	78	108
	Subtotal	170	135	128	177 (15.6)
Khou Ajwal	Men	293	281	281	293
	Women	668	622	622	668
	Subtotal	961	903	903	961 (84.5)
Total	Men	360	333	331	362 (31.8)
	Women	771	705	700	776 (68.2)
	Total	1,131 (99.4)	1,038 (91.2)	1,031 (90.6)	1,138 (100.0)

**Fig. 2.** Comparison of prevalence of *Schistosomiasis* and intestinal helminthiasis among rural village residents of the White Nile River basin area in Sudan according to gender, locality, and age group.

was also significantly different ( $P < 0.0001$ ; 95% CI = 1.852-4.086) between the 2 villages, presenting with 19.2% in Al Hidaib villagers and 34.9% in Khou Ajwal villagers. According to the stratified age groups, the highest prevalence was 53.2% in school-aged children (7-15 years), followed by 48.2% in pre-school-aged children (0-6 years). The prevalence was also significantly higher in the  $\leq 15$ -year-old (51.5%) group than in the  $> 15$ -year-old (13.2%) group ( $P < 0.0001$ ; 95% CI = 5.046-9.355). In multivariate analysis, factors that remained significantly associated with schistosomiasis were locality ( $P < 0.0001$ ; OR = 3.446; 95% CI = 2.272-5.226) and age group ( $P < 0.0001$ ; OR = 7.122; 95% CI = 5.159-9.831), but not gender ( $P < 0.3$ ; OR = 1.164; 95% CI = 0.873-1.552; Table 4).

#### Prevalence and intensity of *S. haematobium* infection

As shown in Fig. 2, the prevalence of *S. haematobium* infections was 35.6% (403 out of 1,131 cases). The *S. haematobium* infection rate of men (45.0%) was significantly higher than that of women (31.2%;  $P < 0.0001$ ; 95% CI = 1.391-2.325; Table 3).

Based on locality, the prevalence of *S. haematobium* infections in Al Hidaib villagers (19.4%) was significantly lower than that of Khou Ajwal villagers (38.5%;  $P < 0.0001$ ; 95% CI = 1.831-4.075). The prevalence by age group was 51.1% for 0-6-year-olds, 48.9% for 7-15-year-olds, 20.0% for 16-29-year-olds, and 10.7% for those older than 30 years. Significant differences were also observed for the prevalence between the  $\leq 15$ -year-old (49.6%) and  $> 15$ -year-old (14.4%) groups ( $P < 0.0001$ ; 95% CI = 4.843-9.008). In multivariate analysis, factors that remained significantly associated with *S. haematobium* infection were locality ( $P < 0.0001$ ; OR = 3.384; 95% CI = 2.224-5.149) and age group ( $P < 0.0001$ ; OR = 6.767; 95% CI = 4.897-9.351), but not gender ( $P < 0.217$ ; OR = 1.198; 95% CI = 0.899-1.597; Table 4).

To check the intensity of *S. haematobium*-infected individuals, we counted the number of *S. haematobium* EP10 and expressed the intensity as geometric mean (Table 5). The average geometric mean of *S. haematobium*-infected individuals was 18.9 EP10 (range, 2-800 EP10). The geometric mean for men was 22.2 EP10 (range, 2-800 EP10) and 17 EP10 for women (range, 2-600 EP10), exhibiting significant differences ( $P < 0.0001$ ; Table 5). The geometric mean for Khou Ajwal villagers (20.4 EP10; range, 2-800 EP10) was significantly higher than that of the Al Hidaib villagers (8.1 EP10; range, 2-60 EP10;  $P < 0.0001$ ; Table 5). Furthermore, based on age groups, the highest geometric mean was observed for school-aged children (20.5 EP10; range, 2-800 EP10), followed by pre-school-aged children (19.6 EP10; range, 2-600 EP10). Significant differences in geometric mean intensity between the  $\leq 15$ -year-old (20.2 EP10) and  $> 15$ -year-old (12.9 EP10) age groups were observed ( $P < 0.0001$ ; Table 5). Of all *S. haematobium*-infected individuals, 71.0% presented with light infections (EP10  $< 50$ ) while 29.0% were considered heavily infected (EP10  $\geq 50$ ).

**Table 3.** Univariate analysis of factors associated with *Schistosoma* infections among rural village residents of the White Nile River basin area in Sudan

Variables	No. exam.	<i>Schistosoma</i> species infection			<i>S. haematobium</i> infection			<i>S. mansoni</i> infection		
		No. of positive (%)	OR (95% CI)	<i>P</i> -value	No. of positive (%)	OR (95% CI)	<i>P</i> -value	No. of positive (%)	OR (95% CI)	<i>P</i> -value
Gender										
Men	362	165 (45.6)	1.773 (1.372-2.290)	<0.0001	162 (45.0)	1.798 (1.391-2.325)	<0.0001	12 (3.6)	1.739 (0.806-3.755)	0.159
Women	776	248 (32.0)	1		241 (31.2)	1		15 (2.1)	1	
Villages										
Al Hidaib	177	34 (19.2)	1		33 (19.4)	1		2 (1.5)	1	
Khou Ajwal	961	379 (39.4)	2.751 (1.852-4.086)	<0.0001	370 (38.5)	2.732 (1.831-4.075)	<0.0001	25 (2.8)	2.337 (0.549-9.956)	0.251
Age in year (I)										
≤6	218	105 (48.2)	8.714 (5.432-13.980)	<0.0001	111 (51.1)	8.097 (5.047-12.992)	<0.0001	8 (3.9)	-	0.994
7-15	466	248 (53.2)	9.578 (6.223-14.742)	<0.0001	227 (48.9)	9.096 (5.910-14.000)	<0.0001	18 (4.2)	-	0.994
16-29	182	32 (17.6)	1.930 (1.121-3.323)	0.018	36 (20.0)	1.859 (1.076-3.211)	0.026	1 (0.6)	-	0.995
≥30	272	28 (10.3)	1		29 (10.7)	1		0 (0.0)	1	
Age in year (II)										
≤15	684	353 (51.5)	6.871 (5.046-9.355)	<0.0001	338 (49.6)	6.605 (4.843-9.008)	<0.0001	26 (4.1)	17.900 (2.420-132.378)	0.005
>15	454	60 (13.2)	1		65 (14.4)	1		0 (0.0)	1	

OR, odds ratio; CI, confidence interval.

**Table 4.** Multivariate analysis of factors associated with *Schistosoma* and *H. nana* infections among rural village residents of the White Nile River basin area in Sudan

Variables	<i>Schistosoma</i> species infection			<i>S. haematobium</i> infection			<i>H. nana</i> infection		
	Adjusted OR	95% CI	<i>P</i> -value	Adjusted OR	95% CI	<i>P</i> -value	Adjusted OR	95% CI	<i>P</i> -value
Gender	1.164	0.873-1.552	0.300	1.198	0.899-1.597	0.217	1.733	1.041-2.884	0.008
Villages	3.446	2.272-5.226	<0.001	3.384	2.224-5.149	<0.001	-	-	-
Age in year (II)	7.122	5.159-9.831	<0.001	6.767	4.897-9.351	<0.001	2.314	1.246-4.299	0.034

**Table 5.** Prevalence and intensity of *S. haematobium* infection among rural village residents of the White Nile River basin area in Sudan according to gender, locality, and age group

Variable	No. exam.	No. of positive (%)	Geometric mean	<i>P</i> -value
Gender				
Men	360	162 (45.0)	22.2	<0.001
Women	771	241 (31.2)	17.0	
Villages				
Al Hidaib	170	33 (19.4)	8.1	<0.001
Khou Ajwal	961	370 (38.5)	20.4	
Age in year (I)				
≤6	217	111 (51.1)	19.6	<0.001
7-15	464	227 (48.9)	20.5	
16-29	180	36 (20.0)	11.9	
≥30	270	29 (10.7)	14.1	
Age in year (II)				
≤15	681	338 (49.6)	20.2	<0.001
>15	450	65 (14.4)	12.9	

**Table 6.** Univariate analysis of factors associated with intestinal parasitic infections among rural village residents of the White Nile River basin area in Sudan

Variable	No. exam.	Intestinal helminthiasis*			<i>H. nana</i> infection		
		No. of positive (%)	OR (95% CI)	<i>P</i> -value	No. of positive (%)	OR (95% CI)	<i>P</i> -value
Gender							
Men	333	39 (11.7)	2.0143 (1.236-3.267)	0.003	33 (10.0)	2.124 (1.297-3.477)	0.003
Women	705	41 (5.8)	1		35 (5.0)	1	
Villages							
Al Hidaib	135	9 (6.7)	1		8 (5.9)	1	
Khou Ajwal	903	71 (7.9)	0.896 (0.529-1.411)	0.393	60 (6.6)	1.407 (0.661-2.995)	0.376
Age in year (I)							
≤6	205	23 (11.2)	2.238 (1.218-4.832)	0.027	20 (9.8)	2.397 (1.122-5.117)	0.024
7-15	428	40 (9.3)	1.843 (0.965-3.849)	0.083	34 (7.9)	1.867 (0.930-3.749)	0.079
16-29	154	4 (2.6)	0.369 (0.127-1.538)	0.123	3 (1.9)	0.398 (0.109-1.446)	0.161
≥30	251	13 (5.2)	1		11 (4.4)	1	
Age in year (II)							
≤15	633	63 (10.0)	2.586 (1.438-4.659)	0.001	54 (8.5)	2.694 (1.478-4.910)	0.001
>15	405	17 (4.2)	1		14 (3.5)	1	

\*Infection status of intestinal helminths, besides *S. mansoni*, found in stool according to locality, gender, and age group of the White Nile River basin area in Sudan.

### Prevalence of *S. mansoni* infections

*S. mansoni* eggs in stool were found for 27 individuals among 1,013 residents that were between 0-29 years old; thus, the prevalence of *S. mansoni* infections was 2.6% (Fig. 2). Prevalence according to gender was 3.6% in men and 2.1% in women, which was not significantly different ( $P=0.159$ ; Fig. 2). A higher prevalence was observed for Khou Ajwal villagers (2.8%) than for Al Hidaib villagers (1.5%), but there was no significant difference ( $P=0.251$ ; Table 3). Most *S. mansoni*-infected individuals were ≤15 years old (4.1%), exhibiting significantly higher prevalence than that of individuals >15 years old (0.2%;  $P=0.005$ ; 95% CI=2.420-132.378; Table 3).

### Prevalence of intestinal helminthiasis

Besides *S. mansoni*, 4 different intestinal helminths were found among the 1,038 stool samples including *Hymenolepis nana* (68 cases), *H. diminuta* (8 cases), *S. haematobium* (2 cases), and *Taenia saginata* (2 cases). Thus, overall prevalence of intestinal helminthiasis in stool (besides *S. mansoni* eggs) were 7.7% (80/1,038 cases; Fig. 2). As shown in Table 6, the prevalence in men and women was significantly different ( $P=0.003$ ; 95% CI=1.236-3.267) at 11.7% and 5.8%, respectively. Prevalence in Al Hidaib villagers (6.7%) was lower than in Khou Ajwal villagers (7.9%;  $P=0.393$ ). By age group, prevalence was the highest for pre-school-aged children (11.2%), followed by school-aged children (9.3%) and adults older than 30 years

(5.2%); there were no significant differences of prevalence of intestinal helminthiasis among age groups. There were significant differences of the prevalence between the ≤15-year-old (10.0%) and ≤15-year-old (4.2%) groups ( $P<0.001$ ; 95% CI=1.438-4.659). Among intestinal helminths found in stool besides *S. mansoni* (2.6%), *H. nana* (6.6%) was the most prevalent, followed by *H. diminuta* (1.0%), *S. haematobium* (0.2%), and *T. saginata* (0.2%). As shown in Table 6 and Fig. 2, the prevalence of *H. nana* infections was significantly higher in men and individuals >15 years old than for women and individuals >15 years old (gender,  $P=0.003$ , 95% CI=1.297-3.477; age group,  $P=0.001$ , 95% CI=1.478-4.910). The highest prevalence of *H. nana* infections was observed in pre-school-aged children (9.8%), followed by school-aged children (7.9%) and adults older than 30 years (4.4%). There were no significant differences of *H. nana* infection prevalence between the Al Hidaib (5.9%) and Khou Ajwal (6.6%) villages ( $P=0.376$ ). In multivariate analysis, factors that remained significantly associated with *H. nana* infection were gender ( $P=0.008$ ; OR=1.733; 95% CI=1.041-2.884) and age group ( $P=0.034$ ; OR=2.314; 95% CI=1.246-4.299), but not locality (Table 4).

## DISCUSSION

Schistosomiasis is the second most common neglected tropical disease (NTD) after soil-transmitted helminths (STH)

infections in sub-Saharan Africa. Sudan is also located in sub-Saharan Africa and human schistosomiasis is of considerable public health importance in the country. In school children-based surveys of schistosomiasis in Sudan, the prevalence of *S. haematobium* and *S. mansoni* infections were 73% and 70%, respectively, in the Upper Nile region [7] and 23.7% and 0%, respectively, in South Kordofan State [9]. In White Nile State, egg positive rates of *S. haematobium* and *S. mansoni* were 45.0% and 5.9%, respectively [11], and were 28.5% and 0.4%, respectively [12]. Community-based studies in Sudan reported that the prevalence of *S. mansoni* infections was 27.4% in villagers of the New Halfa Agricultural Scheme of Kassala State, but no data on *S. haematobium* was provided [18]. These results indicate that there is a wide variation in the distribution of *Schistosoma* species and schistosomiasis prevalence depending on survey sites. The variations may be explained by variable ecological conditions of surveyed sites, socioeconomic conditions of the surveyed populations, control programs implemented, the study design itself, and so on. In the present study, the prevalence of *S. haematobium* and *S. mansoni* infections was 35.6% and 2.6%, respectively, in the White Nile River basin area. Throughout the Nile basin of Sudan, *S. haematobium* is predominantly transmitted compared with *S. mansoni* [9-12]. Across Sudan however, *S. mansoni* infections were more prevalent in the Kassala State only [18]; this difference may be due to the snail ecology of Kassala State. Furthermore, compared with the reported prevalence in the White Nile State, our study provided *S. haematobium* infection rates of 49.6% in the  $\leq 15$  age group, which was higher than the previous reports of 21.4% [10], 45.0% [11], and 28.5% for school children [12]. Moreover, our reported prevalence of *S. haematobium* infection among village residents (35.6%) was higher than the 14.0% previously reported [19] for villagers in the White Nile State. These findings suggest that village residents—both children and adults—in these 2 rural river basin areas have been continuously in contact with *S. cercariae*-contaminated water despite the control measures that have been implemented in the White Nile State.

The current study demonstrated that the prevalence of schistosomiasis was higher in men and individuals  $\leq 15$  years old than in women and individuals  $> 15$  years old. This finding agrees with several previous studies conducted in endemic areas [5,12,18,20]. The association between gender and schistosomiasis may be attributed to religious and sociocultural reasons or to water contact behavior. In Sudan and many other

Muslim countries, women are prohibited from bathing in open water sources, whereas the men frequently play and swim during their leisure time and thus schistosomiasis prevalence among men is significantly higher [5,12,18,21,22]. However, some studies have reported no significant differences between the genders because women are also responsible for fetching water and washing clothes and utensils at these water sources and thus have similar exposure to men [10,11,23]. Meanwhile, according to the stratified age groups, higher schistosomiasis prevalence was observed for those  $\leq 15$  years old, which includes pre-school and school-aged children. This finding is consistent with previous reports from different endemic areas [5,10,20]. In most endemic areas, schistosomiasis prevalence increases with age up to 10-15 years old, followed by a decline in older ages [5,20]. This could be explained by the fact that children of this age are more mobile and often go into the water near the village either to assist their parents in agricultural activities or to swim and play in the canals, which are likely to be contaminated with infective stages of schistosomiasis or other parasitic diseases [5,11].

In this study, we also compared the infection status of *Schistosoma* species between the Al Hidaib and Khour Ajwal villages, which are neighboring rural communities adjacent to the White Nile River and have very similar ecological conditions. However, our reported prevalence of schistosomiasis in Khour Ajwal was significantly higher than in Al Hidaib. This may be due to several factors; one critical difference is that a large, clean water supply system was installed in the Al Hidaib village and has been in use for many years, whereas there is no clean water supply system for Khour Ajwal and thus residents used river water. Consistent with our results, a previous study also reported that a facility for clean drinking water in Al Hidaib contributed to the improvement in health and life quality of the village residents by preventing waterborne diseases, including schistosomiasis [12]. Furthermore, the use of water purification systems was critical in reducing *Cryptosporidium* infections, a type of water borne pathogen, among inhabitants [16].

Infection intensity is a better indicator of morbidity than schistosomiasis prevalence because disease progression is associated with the daily deposition of parasite eggs into host tissues [8,24]. In this study, we used urine sedimentation method to detect and quantify the *S. haematobium* eggs. That is why urine filtration system is blocked easily due to many foreign substances in the urine collected at the survey sites (such

as fallen bladder cells and so on, and the associated paper is Reference [19]), and it is higher detectability even if low number of parasites, and it is also economic than urine filtration method. According to previous reports from Sudan, the intensities as mean EP10 of *S. haematobium* were 12.9 in White Nile State [10], 25.5 in South Darfur [25], 87.7 in Central Sudan [8], 55 in White Nile State [11] and 40.1 in River Nile State [5]. In the present study, the intensity average geometric mean, median, and mean  $\pm$  standard deviation (SD) were 18.9, 20, and  $67.78 \pm 119.49$  EP10 (range, 2-800 EP10), respectively, in *S. haematobium*-infected individuals and 71% were light infections (EP10 < 50). Compared with the previously reported intensities of urinary schistosomiasis in Sudan, our results were similar or little less with those for the White Nile State [10,11]—albeit exact comparisons are difficult to achieve. We also analyzed *S. haematobium* infection intensities according to gender, locality, and age group and found that the tendency of *S. haematobium* infection intensities was in line with prevalence by gender, locality, and age group. The intensity geometric mean of men (22.2 EP10) was significantly higher than that of women (17.0 EP10), which was consistent with other reports [5,26]. On the other hand, Afifi et al. [18] reported that the intensity of *S. mansoni* infections among women (293.4 EPG) was higher than in men (187.6 EPG), although prevalence of infection among men (41.4%) was much higher than for women (13.9%). Moreover, based on age groups, we found that the intensity geometric mean of individuals  $\leq 15$  years old (20.2 EP10) was significantly higher than for individuals > 15 years old (12.9 EP10). However, it was reported that high *S. mansoni* infection intensity was present in the age groups 31-40 and > 50 years [18].

Intestinal parasitic infections constitute a major health burden in many developing countries. People of all ages can be affected by intestinal parasitic infections, with an increased risk for school children [1,27]. Apart from causing morbidity and mortality, infections with intestinal parasites have considerable impact on normal development, well-being, and the cognitive and educational performance of school-aged children [1]. According to previous studies conducted in Sudan, the prevalence of intestinal helminths was 2.7% in Khartoum State [28], while infection rates of *H. nana* were 32.6% in Khartoum State [15]. In the present study, the overall prevalence of intestinal helminthiasis was 7.7%, which was higher than the report of pre-school-aged children in Khartoum State [15]. And we found 5 different species of intestinal helminths including *S.*

*mansoni*, which was the similar number of helminth's species reported by Babiker et al. [28]. We found that the highest prevalence among intestinal parasitic infections was *H. nana* infections (6.6%). *H. nana* commonly infects both humans and rodents and can have an epidemiologically significant impact in family units, because it is the only tapeworm that can be directly transmitted between humans and auto-reinfection is possible [15,29]. Our reported *H. nana* infection rate was higher than for food handlers (1.6%) [28] and much lower among pre-school-aged children (32.6%) [15] in Sudan. These variations may be due to differences in climatic conditions, water sources, health and environmental sanitation, previous control interventions, socioeconomic status of the population subjects, and differences in host susceptibility to parasitic infections [15,29]. Abdel Hamnid et al. [15] reported that *H. nana* infections were more prevalent among men than women, with no significant differences between age groups, which was also observed in this study. Interestingly, there were no significant differences in the prevalence of intestinal helminthiasis between Al Hidaib and Khou Ajwal villages, even though schistosomiasis prevalence was significantly higher in Al Hidaib than in Khou Ajwal. Thus, major intestinal helminths detected in this study, *H. nana*, are more affected by the general environmental sanitation than access to clean water supplies.

The limitation of this study is based on the single egg screening process, which is less reliable in estimating prevalence of schistosomiasis and intestinal parasitic infections. The examination of 2 or more specimens at different time points for every individual would likely have resulted in higher prevalence for schistosomiasis and intestinal helminthiasis as well as a larger number of detected intestinal parasite species. In addition, we applied Kato Cellophane method to examine the stool samples, thus there were some limitation to detect the intestinal protozoa.

Our data provide up-to-date information regarding the infection status of *Schistosoma* species and intestinal helminths among village residents living in the rural river basin area in Sudan's White Nile State. From this study, the overall prevalence of schistosomiasis and intestinal helminthiasis was found to be 36.3% and 7.7%, respectively. Urinary schistosomiasis was found highly prevalent among pre-school and school-aged children, and intestinal helminths are also prevalent among the village residents. Therefore, integrated intervention including health education, environmental hygiene,

and clean water supplies and treatment should be taken into account to reduce the prevalence of schistosomiasis and intestinal parasitic infections.

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## CONFLICT OF INTERESTS

The authors declare that they have no competing interests.

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