



Status of Helminthic Infections in Residents around River Basins in the Republic of Korea for 10 Years (2011-2020)

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Abstract: The positive rate of *Clonorchis sinensis* is the highest among intestinal parasites in the Republic of Korea (Korea). More than 1.2 million people were at risk of *C. sinensis* infection in Korea in 2012. An intensive control program is being implemented for residents of the 5 major river basins to reduce helminthic infections, including *C. sinensis* infection. This study evaluated the continuous intensive control program for parasitic diseases including clonorchiasis in areas near the 5 major river basins in Korea over the past 10 years (2011-2020). A total of 335,020 fecal samples (one sample per resident) prepared by the modified sedimentation technic were microscopically examined. Those who expelled helminth eggs were treated with anthelmintics through local health centers and re-examined 3 months later. The overall positive rate of helminths egg was 7.1%. The annual positive rates were dramatically decreased from 14.4% (2011) to 5.9% (2020). The egg positive rate was highest in *C. sinensis* (5.3%), followed by heterophyid flukes (1.5%) and *Trichuris trichiura* (0.2%). The prevalence of *C. sinensis* was significantly higher in males (7.6%) than in females (3.7%), and the highest in the 50-59 years (7.0%) age group. Our results are beneficial to establish prevention and control policies against helminthiases including clonorchiasis in endemic areas in this country.

Key words: *Clonorchis sinensis*, intestinal parasite, infection rate, endemic area

INTRODUCTION

Helminthic infections, including soil-transmitted and food-borne parasites, are widespread around the world, particularly in developing countries in tropical and subtropical regions. In 2010, 1.7 billion people were estimated to be infected with intestinal parasites including 438.9 million people with hookworm, 819 million people with *Ascaris lumbricoides*, and 464.6 million people with *Trichuris trichiura* [1]. The World Health Organization (WHO) estimated that 1.5 billion people are infected with soil-transmitted helminths in 2020 [2].

In 1971, the first nationwide survey was conducted to determine the status of intestinal parasite infection in Koreans. Thereafter, 8 surveys have been conducted at intervals of 5 to 8 years. From the 1970s to 1980s, parasitic infections in Koreans were mainly caused by soil-transmitted helminths, including *A. lumbricoides*, *T. trichiura*, and hookworms. In particular, the infection rate of *A. lumbricoides* was extremely high in 1971

survey (54.9%), but decreased to 0.05% by 2004 and 0.03% by 2012. The reduction of these soil-transmitted helminthiases can be explained by the deworming and health prevention projects promoted by the government and related organizations for citizens [3,4].

Although the prevalence of soil-transmitted helminthiases was decreased significantly in 2004 survey, the prevalence of fish-borne parasitic diseases, caused by *C. sinensis* and heterophyid flukes remained high, especially in river basins [5-8]. The egg positive rate of *C. sinensis* was 4.6% in the first survey conducted in 1971, but decreased to 1.4% in the 6th survey conducted in 1992. However, the positive rate increased to 2.4% in the 7th survey in 2004. Although it decreased slightly in the 8th survey, it is higher than that reported in the 6th survey [3]. *C. sinensis* infection is the most common parasitic infection in Korea [9]. *C. sinensis* infection is particularly prevalent among people living in the basins of 5 major rivers, including the Han, Geum, Nakdong, Yeongsan, and Seomjin rivers [10-12]. The habit of eating raw fish is one of the reasons *C. sinensis* is still endemic in these river basins. This habit, as part of popular and long-standing traditional eating patterns, has resulted in the ongoing transmission of *C. sinensis* to humans [13,14]. *C. sinensis* infection provokes severe pathological changes in the biliary passage, including bile duct dilata-

•Received 23 February 2022, revised 16 May 2022, accepted 17 May 2022.

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tion, ductal wall thickening, ductal inflammation, biliary mucosal hyperplasia, and biliary cirrhosis. Several studies have demonstrated carcinogenic effects of clonorchiasis. *C. sinensis* is classified as a group I biological carcinogen in 2009 by the International Agency for Research on Cancer (IARC) [15]. Food-borne trematodiasis is also one of the neglected tropical diseases (NTDs) targeted by WHO. The present study aimed to evaluate the status of helminthic infections among the population in the 5 major river basins in the Korea from 2011 to 2020.

MATERIALS AND METHODS

Institutional review board statement

Ethical approval was waived because this study was con-

ducted to evaluate public welfare through a fact-finding survey (Infectious Disease Control and Prevention Act, Article 17 (1)).

Sampling strategy and study population

This study was conducted in regions endemic for clonorchiasis during the period between 2011 and 2020, including the Han, Geum, Yeongsan, Seomjin, and Nakdong river basins. The sampling regions were selected with the voluntary participation of the public health centers every year. Fig. 1 summarizes the areas of the 5 major rivers and provinces.

Stool examination

The specimens were stored in a refrigerator until examination. The modified sedimentation technique using water in-

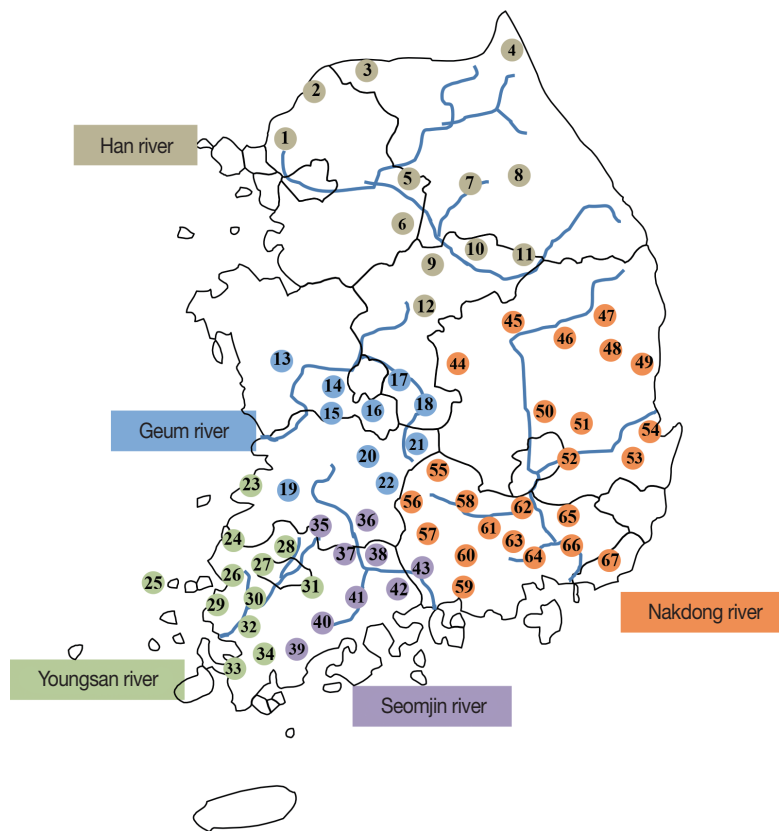


Fig. 1. The surveyed areas for fecal examination in residents by 5 major rivers in the Republic of Korea (2011-2020). 1. Paju-si, 2. Yeoncheon-gun, 3. Cheorwon-gun, 4. Goseong-gun, 5. Yangpyeong-gun, 6. Yeosu-si, 7. Hoengseong-gun, 8. Pyeongchang-gun, 9. Chungju-si, 10. Jecheon-si, 11. Danyang-gun, 12. Goesan-gun, 13. Cheongyang-gun, 14. Gyeryong-si, 15. Nonsan-si, 16. Geumsan-gun, 17. Okcheon-gun, 18. Yeongdong-gun, 19. Jeongeup-si, 20. Jinan-gun, 21. Muju-gun, 22. Jangsu-gun, 23. Buan-gun, 24. Yeongwang-gun, 25. Shinan-gun, 26. Hampyeong-gun, 27. Jangseong-gun, 28. Damyang-gun, 29. Muan-gun, 30. Naju-si, 31. Hwasun-gun, 32. Yeongam-gun, 33. Haenam-gun, 34. Gangjin-gun, 35. Suncheon-si, 36. Namwon-si, 37. Gokseong-gun, 38. Gurye-gun, 39. Jangheung-gun, 40. Boseong-gun, 41. Suncheon-si, 42. Gwangyang-si, 43. Hadong-gun, 44. Sangju-si, 45. Yecheon-gun, 46. Andong-si, 47. Yeongyang-gun, 48. Cheongsong-gun, 49. Youngduk-gun, 50. Gunwi-gun, 51. Yeongcheon-si, 52. Gyeongsan-si, 53. Gyeongju-si, 54. Pohang-si, 55. Geochang-gun, 56. Hamyang-gun, 57. Sancheong-gun, 58. Hapcheon-gun, 59. Sacheon-si, 60. Jinju-si, 61. Uiryeong-gun, 62. Changnyeong-gun, 63. Haman-gun, 64. Changwon-si, 65. Miryang-si, 66. Gimhae-si, 67. Busan metropolitan City.

stead of formalin was used to prepare specimens. The helminthic eggs and larvae, and protozoan cysts by microscopically detected. Further, we determined the number of helminth eggs per gram of feces (EPG). The EPG level was calculated based on a previous report with modification [16,17]. The infection levels were divided as follows: Group I (EPG 1-99), Group II (EPG 100-999), Group III (EPG 1,000-4,999), Group IV (EPG 5,000-9,999), and Group V (EPG > 10,000).

Statistical analysis

Statistical analyses were performed using SPSS 28.0 (Chicago, Illinois, USA). Logistic regression was used to analyze statistically significant differences between years according to infection intensity. Statistical significance was set at $P < 0.05$.

RESULTS

Infection rate of helminth parasites

Of 335,020 participants from 2011 to 2020, helminth eggs detected in 23,698 specimens. A total of 23,678 (7.06%) cases were positive for helminth eggs (Table 1). The most commonly found parasitic eggs were fish-borne trematodes, such as *C. sinensis* and heterophyids. *C. sinensis* eggs were detected in 17,885 (5.3%) cases, which was significantly higher than that of other parasites. Heterophyids were detected in 4,892 cases, with a positive rate of 1.5%. The other detected helminth eggs and cysts included *T. trichiura*, *Gymnophalloides seoi*, and Echinostome species, *A. lumbricoides*, hookworms, *Paragonimus westermani*, Diphylobothriid species, and *Taenia* species had an infection rate of less than 0.2%. The prevalence of parasitic diseases decreased significantly during the survey period, from 14.4% in 2011 to 5.9% in 2020. In particular, *A. lumbricoides*, hookworms, *P. westermani*, Diphylobothriid tapeworm species, *Taenia* species were not detected in 2019 and 2020 during the survey.

Infection rate of *C. sinensis* by river

The infection rate of *C. sinensis* decreased significantly from 11.1% in 2011 to 3.8% in 2020 in the river basins (Table 1). In 2011, the prevalence of *C. sinensis* was highest in Geum river (14.2%), followed by Seomjin river (11.9%), Nakdong river (11.6%), Han river (4.8%), and Youngsan river (4.0%). However, despite a significant decline in 2020, *C. sinensis* infection rate was highest in Seomjin river (4.6%), followed by Nakdong river (4.2%), Geum river (3.6%), Youngsan river (1.2%),

Table 1. Prevalence (Egg positive rate) of helminths by the survey years (2011-2020) in Korea

Year	No. of Examined	No. total positive (%)	No. of cases positive for parasites (%)										
			Cs	Het	Tt	Gs	Es	Al	Hw	Pw	Ds	Ts	
2011	27,395	3,932 (14.4)	3,049 (11.1)	753 (2.7)	107 (0.4)	4 (0.01)	3 (0.01)	0	1 (0.004)	0	0	0	0
2012	23,233	2,279 (9.8)	1,867 (8.0)	329 (1.4)	49 (0.2)	29 (0.12)	2 (0.01)	0	2 (0.01)	0	0	0	0
2013	38,789	3,694 (9.5)	2,950 (7.6)	622 (1.6)	69 (0.2)	42 (0.11)	2 (0.01)	3 (0.01)	1 (0.003)	2 (0.01)	1 (0.003)	0	0
2014	41,139	2,682 (6.5)	2,029 (4.9)	555 (1.3)	86 (0.2)	6 (0.01)	0	4 (0.01)	0	1 (0.002)	1 (0.002)	0	0
2015	42,024	2,195 (5.2)	1,778 (4.2)	334 (0.8)	69 (0.2)	6 (0.01)	4 (0.01)	3 (0.01)	0	0	0	0	0
2016	34,943	1,840 (5.3)	1,419 (4.1)	358 (1.0)	44 (0.1)	18 (0.05)	0	0	0	0	0	0	1 (0.003)
2017	38,648	1,927 (5.0)	1,524 (3.9)	319 (0.8)	52 (0.1)	28 (0.07)	3 (0.01)	0	0	0	0	0	0
2018	32,792	2,119 (6.5)	1,351 (4.1)	677 (2.1)	63 (0.2)	22 (0.07)	1 (0.003)	2 (0.01)	0	0	3 (0.009)	0	0
2019	30,415	1,528 (5.0)	944 (3.1)	505 (1.7)	58 (0.2)	21 (0.07)	0	0	0	0	0	0	0
2020	25,642	1,502 (5.9)	974 (3.8)	440 (1.7)	54 (0.2)	33 (0.13)	1 (0.004)	0	0	0	0	0	0
Total	335,020	23,698 (7.1)	17,885 (5.3)	4,892 (1.5)	651 (0.2)	209 (0.06)	16 (0.005)	12 (0.004)	4 (0.001)	3 (0.001)	5 (0.001)	1 (0.0003)	0

Cs, *Clonorchis sinensis*; Het, Heterophyid flukes including *Metagonimus* spp.; Tt, *Trichuris trichiura*; Gs, *Gymnophalloides seoi*; Es, Echinostomatid fluke spp.; Al, *Ascaris lumbricoides*; Hw, hookworms; Pw, *Paragonimus westermani*; Ds, Diphylobothriid tapeworm spp.; Ts, *Taenia* spp.

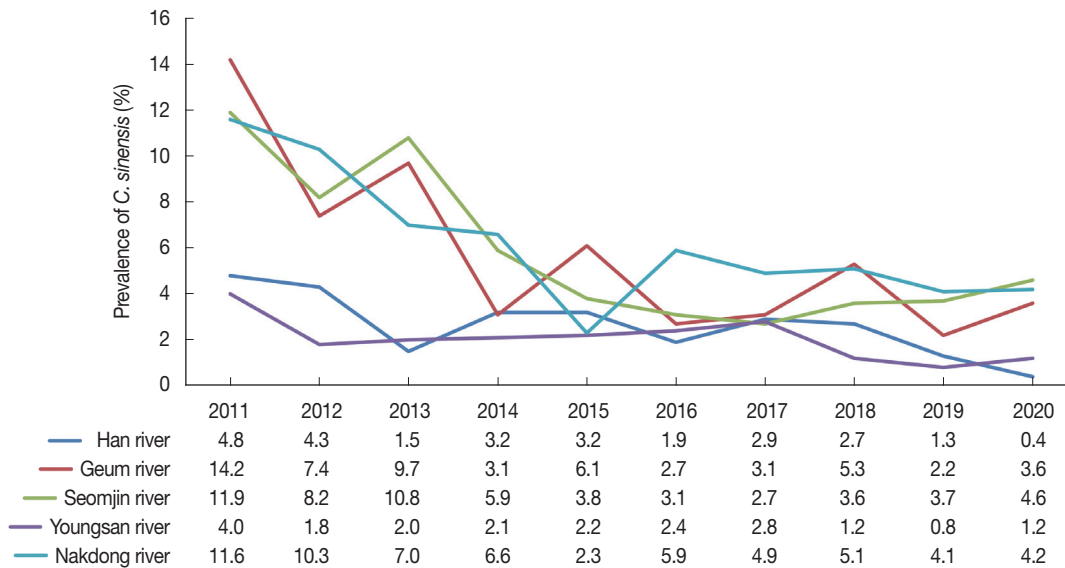


Fig. 2. Changing patterns of clonorchiasis prevalence by the survey years and localities during 10 years in Korea. The value in each cell of table below the x-axis means the prevalence (%) of *C. sinensis*.

Table 2. Prevalence of clonorchiasis in the residents of Korea by the gender for 10 years

Year	Male			Female		
	No. examined	No. positive (%)	Prevalence (%)	No. examined	No. positive	Prevalence (%)
2011	11,917	1,747	14.7	15,478	1,302	8.4
2012	9,117	1,085	11.9	14,116	782	5.5
2013	16,138	1,647	10.2	22,651	1,303	5.8
2014	16,981	1,216	7.2	24,158	813	3.4
2015	17,076	1,071	6.3	24,948	707	2.8
2016	13,636	809	5.9	21,307	610	2.9
2017	14,475	842	5.8	24,173	682	2.8
2018	12,129	768	6.3	20,663	583	2.8
2019	10,851	503	4.6	19,559	441	2.3
2020	10,105	570	5.6	15,526	404	2.6
Total	141,047	10,704	7.6	215,356	7,879	3.7

and Han river (0.4%) (Fig. 2).

Infection rate of *C. sinensis* by gender and age

During the entire survey period, *C. sinensis* positive rate in males (7.6%) was significantly higher than that in females (3.7%) (Table 2). The positive rate for *C. sinensis* was highest among those aged 50-59 years (7.0%), followed by those aged 60-69 years (5.9%), 40-49 years (5.9%), 70-79 years (4.5%), and 30-39 years (3.5%). Between 2019 and 2020, the highest positive rate was observed in individuals aged 60-69 years (4.2-4.3%) (Table 3).

Intensity of *C. sinensis* infection

The intensity of infection was divided into 5 groups depending on the EPG value. Table 4 shows that the intensity of infection decreased significantly below group III.

DISCUSSION

This study investigated the positive rate of helminth eggs through stool examination from 2011 to 2020, for residents in endemic areas who were exposed to risk of infection. We examined 335,020 inhabitants and found that 23,698 (7.1%) egg positive cases. We were able to identify 10 parasite species, the most common being *C. sinensis*.

Table 3. Prevalence of clonorchiasis during 10 years by age

Year	No. of egg positive /No. of examined (%) by age groups							
	0-19	20-29	30-39	40-49	50-59	60-69	70-79	Over 80
2011	16/425 (3.8)	15/274 (5.5)	59/716 (8.2)	266/1,953 (13.6)	709/4,914 (14.4)	832/7,230 (11.5)	929/9,197 (10.1)	208/2,526 (8.2)
2012	1/199 (0.5)	14/239 (5.9)	18/486 (3.7)	139/1,542 (9.0)	439/4,212 (10.4)	554/6,046 (9.2)	584/8,446 (6.9)	111/2,009 (5.5)
2013	14/678 (2.1)	10/375 (2.7)	40/780 (5.1)	181/2,441 (7.4)	572/6,323 (9.0)	747/9,328 (8.0)	1,008/13,594 (7.4)	230/3,788 (6.1)
2014	1/439 (0.2)	6/294 (2.0)	19/695 (2.7)	105/2,245 (4.7)	472/6,920 (6.8)	639/10,890 (5.9)	605/14,617 (4.1)	173/4,869 (3.6)
2015	6/368 (1.6)	4/303 (1.3)	13/635 (2.0)	79/1,882 (4.2)	359/6,366 (5.6)	598/11,479 (5.2)	561/15,130 (3.7)	158/5,842 (2.7)
2016	1/225 (0.4)	2/214 (0.9)	14/506 (2.8)	63/1,426 (4.4)	268/4,802 (5.6)	480/9,230 (5.2)	436/12,840 (3.4)	155/5,700 (2.7)
2017	1/189 (0.5)	3/275 (1.1)	15/608 (2.5)	63/1,520 (4.1)	289/5,166 (5.6)	517/10,200 (5.1)	477/13,874 (3.4)	158/6,798 (2.3)
2018	1/304 (0.3)	2/184 (1.1)	14/409 (3.4)	48/1,219 (3.9)	262/4,231 (6.2)	452/8,647 (5.2)	426/11,753 (3.6)	146/6,010 (2.4)
2019	1/107 (0.0)	3/157 (1.9)	7/337 (2.1)	23/823 (2.8)	128/3,379 (3.8)	343/8,165 (4.2)	298/11,109 (2.7)	140/6,323 (2.2)
2020	0/117 (0.0)	2/346 (0.6)	5/373 (1.3)	29/958 (3.0)	139/3,287 (4.2)	312/7,240 (4.3)	340/8,615 (3.9)	140/4,424 (3.2)
Total	44/3,249 (1.4)	63/3,049 (2.1)	216/6,235 (3.5)	1,024/17,483 (5.9)	3,857/54,734 (7.0)	5,978/100,559 (5.9)	6,064/133,461 (4.5)	1,845/56,807 (3.2)

Table 4. Infection intensity of *C. sinensis* by EPG

Grade	Year										P-value
	2011	2012	2013	2014	2015	2016	2017	2018	2019	2020	
I	2,613	1,577	2,646	1,780	1,608	1,253	1,337	1,199	840	830	0.000
II	388	243	269	222	156	141	156	136	89	128	0.000
III	42	43	32	24	13	20	17	13	15	14	0.002
IV	3	3	3	2	1	2	2	3	1	1	0.250
V	3	1	-	1	-	3	2	-	-	1	0.430

Group I (EPG 1-99), Group II (EPG 100-999), Group III (EPG 1,000-4,999), Group IV (EPG 5,000-9,999), and Group V (EPG > 10,000).

In 1969, ascariasis was the most common parasitic disease, with an infection rate of 58.2% [11]. Its rate was 55.9% in the first national survey done in 1971. However, the positive rate of ascariasis decreased to 0.3% in the 5th national survey in 1992 [3], indicating that ascariasis was close to elimination. Korea was certified for eradication of soil-transmitted helminthiasis by WHO in 2001 [18]. In this study, we detected only 12 cases of roundworm infection and 4 cases of hookworm infection during the study period. This result is consistent with previous reports [3], and is attributed to the active and steady fecal examination for parasite eggs and anti-helminthic treatment conducted as part of the parasite disease prevention project led by the government [19].

The infection rate of *C. sinensis* was 1.9% in the 8th national survey in 2012. Considering the fact that the *C. sinensis* infec-

tion rate in the endemic area declined from 8% in 2012 to 3.8% in 2020, the nationwide infection rate is expected to reach less than 1% in 2020. The Korea Association of Health Promotion (KAHP) has been implementing an annual intestinal parasite infection survey with more than 100,000 people through health checkups, and the surveys after 2019 also showed that the infection rate of liver flukes was less than 1% [20].

Even though soil-transmitted parasites have been eliminated, food-borne parasites, such as *C. sinensis* and heterophyid flukes, account for a large proportion of helminthic infections. These results suggest strongly that liver flukes should pay the most attention to parasite elimination in this country.

C. sinensis eggs develop into adults approximately 4 weeks after the consumption of infected freshwater fish. If untreated,

they can survive for up to 30 years in the human body [21]. The frequency of infection is high in elderly individuals who have a habit of eating raw freshwater fish [22]. In this study, people in their 50s and 70s were the major high-risk groups. Further, males showed a higher infection rate than females, as they are expected to have a relatively high chance of eating freshwater fish [23]. The positive rates of liver flukes based on the river basin in 1981 were 40.2% in Nakdong river, 30.8% in Yeongsan river, 17.3% in Seomjin river, 15.7% in Han river, and 12.0% in Geum river [16]. However, these rates were dramatically decreased to 4.6% in Seomjin river, 1.2% in Yeongsan river, and 3.6% in Geumgang river in 2020, as evidence by this study. This difference appears to be the result of continuous collective management of clonorchiasis [23]. In the future, the elimination of clonorchiasis is possible through continued implementation of such management projects for residents of these high-risk areas.

Parasite infection intensity is considered an indicator of pathogenicity. To calculate the infection intensity, the EPG was determined. Although *C. sinensis* infection continued in Korea, the intensity of infection was found to have decreased. To eliminate clonorchiasis in this country, the control intervention should continuously focus on raw fish-eating population especially men over 50 in the residual endemic communities along the Nakdong river, Seomjin river, and Geum river.

ACKNOWLEDGMENTS

We thank person in charge of the health center who participated in the sample collection. This work was supported by a grant from the Korea Centers for Diseases Control and Prevention, Republic of Korea (KCDC 4800-4847-311).

CONFLICT OF INTEREST

The authors declare that they have no competing interests.

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